

## Help Starts With a Phone Call

The CHRIS Counseling Center helps children, adults, and families find solutions. Our highly qualified, licensed clinical staff offer a variety of confidential behavioral health services including individual, couples, group and family counseling and medication management.

Are you or a family member experiencing:

- Difficulty concentrating/ staying still
- Substance abuse
- Aggression or “acting out”
- Depression / anxiety
- Relationship problems
- Sexualized behaviors
- Low self-esteem
- Inability to trust others
- Mood changes
- Avoidance of family/friends
- Poor performance at school/ work
- Distressing memories



## To request services

Counseling services are provided by experienced professional registered/licensed counselors and social workers. To find out more about our services or to speak with a trained professional counselor, please call weekdays at The CHRIS Counseling Center.

For more information about CHRIS Counseling or to make a referral please visit our website at [www.chriskids.org](http://www.chriskids.org).

### Hours of Operation

<b>Monday</b>	<b>8:30 a.m. until 8:00 p.m.</b>
<b>Tuesday</b>	<b>8:30 a.m. until 8:00 p.m.</b>
<b>Wednesday</b>	<b>8:30 a.m. until 8:00 p.m.</b>
<b>Thursday</b>	<b>8:30 a.m. until 8:00 p.m.</b>
<b>Friday</b>	<b>8:30 a.m. until 4:00 p.m.</b>
<b>Saturday</b>	<b>Appointment only</b>

**24 hour crisis line**

**(678) 665-2717**

Accepts Medicaid, Wellcare, Magellan, Cenpatico, Cigna, TriCare, Blue Cross Blue Shield, Aetna

Our list of insurance providers frequently changes. Please inquire when you book your appointment.

The CHRIS Counseling Center is accredited by COA, the Council on Accreditation for Children and Family Services.

### **CHRIS Counseling Center**

1017 Fayetteville Road Suite A Atlanta, GA 30316

Phone: 404-324-4190

Fax: 404-324-4191

[www.chriskids.org](http://www.chriskids.org)



CHRIS Kids Family of Services

**Behavioral Health**



# CHRIS KIDS

## CHRIS Counseling Center



## Continuum of Services

The CHRIS Counseling Center (or CCC) is a part of CHRIS Kids; an ever expanding continuum of high quality services for Georgia children and families since 1981.

Based in Atlanta, CCC offers a variety of out-patient and in-home services to meet the needs of your family:



### Outpatient Services:

- Behavioral Assessment
- Individual, Group and Family Therapy
- Gender-Specific Groups
- Medication Management
- Curriculum-based groups
  - ⇒ Anger Management
  - ⇒ Seven Challenges
  - ⇒ Personal Boundaries
  - ⇒ Grief and Trauma

CCC has a state of the art play therapy room for younger children and offers specialty services such as Trauma Focused Cognitive Based Therapy and Seven Challenges substance abuse interventions.

### In-home Services:

- Intensive Family Intervention
- 1:1 Consumer Support
- Behavior Aide
- Family Support

## Child & Family Support

Ongoing support is vital for children, parents, and families coping with the emotional, medical, or relationship issues of everyday life. The CHRIS Counseling Center offers many forms of support and therapy for people of all ages.

### For Children and Adolescents:

- Family issues
- Separation and divorce
- School avoidance/phobia
- Behavior problems and conduct disorders
- Death, grief, and loss
- Sexual identity, gay and lesbian issues
- Sexual & physical abuse
- School consultation
- Attention-Deficit/Hyperactivity Disorder (ADHD)
- Alcohol and drugs
- Post-Traumatic Stress Disorder (PTSD)

### For adults:

- Couples/relationship issues
- Parenting techniques
- Stress management
- Foster care support



## Medication Services

The decision to use medication in addressing behavioral and emotional issues is a family decision taking into account both risks and benefits, and made in consultation with a certified psychiatrist.

At The CHRIS Counseling Center, a face-to-face assessment occurs between the child/family and a Board Certified Psychiatrist to evaluate the need for medication, prescribe as necessary, and provide ongoing medication management for children and adolescents.



These assessments may also be required by insurance providers in order to authorize on-going services.

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